

**Compassionate  
Care  
Tailored  
To  
Your  
Needs**



**Our Services**

- Companion Care
- Couple Care
- Respite for Family Caregivers (3 hrs. or longer)
- “Hit the Road” (2-hr. transportation service)
- “Rise & Shine & “Tuck-In” Care (2-hr service)
- Alzheimer’s/Dementia Care
- Veteran Services
- Outpatient Surgery Support and Care
- Post Hospitalization Assistance/Rehabilitation
- Care Management
- Hospice Assistance

**Personal Services**

- Bathing (safety assistance or total assistance)
- Grooming/Shaving
- Washing/Styling Hair
- Oral Hygiene
- Toileting/Incontinent Care
- Personalized Exercise/Activity Program
- Standby Assistance/Transferring

**Household Services**

- Light Housekeeping
- Meal Preparation-Including Specialty Diets
- Implementation of Fall Prevention Program
- Laundry/Linen Changes
- Grocery Shopping
- Medication Reminders
- Pet Care
- Supervisory Visits

**10% OFF  
1<sup>st</sup> 30 DAYS**

**BUY 5  
GET 1 FREE  
ON  
TRANSPORTATION  
SERVICES**

**CALL  
TODAY  
FOR A FREE  
IN-HOME SAFETY  
EVALUATION**



**Available for In-Home Care Needs  
24 Hours A Day/7 Days A Week**

**Santa Clara County | 408-979-9990  
Santa Cruz County | 831-480-3990  
San Mateo County | 650-353-9777**

**FSHOMECARE.COM**

**Locally Owned and Operated  
Bonded and Insured**